

Cohorts 1 & 2

Block content activity credit breakdowns

Please see below a summary of the total number of activity credits available for each Block and in total for each NPQ. It is our expectation that participants engage with all areas of their course, and therefore that you accrue 100% of the activity credits available for your course.

At the end of your course, in order to be eligible to proceed to the Summative Assessment, you must have **achieved at least 90% of the total activity credits available** for your NPQ course. You can monitor your own progress by viewing the 'Your Activity Credits' report on your Online Learning Platform dashboard. Your engagement and progress will also be checked regularly by your Delivery Partner.

NPQ	Block 1 credits	Block 2 credits	Block 3 credits	Block 4 credits	Block 5 credits	Total NPQ credits
NPQLTD	47	42	27	24	39	179
NPQLT	44	40	26	38	45	193
NPQLBC	48	33	27	27	45	180
NPQSL	45	45	69	67	N/A	226
NPQH	42	47	69	56	N/A	214

Please note: activity credits are subject to change.

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NPQ Leading Teacher Development (NPQLTD)

NPQ Leading Teacher Development (NPQLTD) Block 1			
Component	Title	Duration	Credit(s)
Self-study	Diagnostic Assessment for Block 1	40 minutes	2
Self-study	Video Introduction to Block 1	5 minutes	1
Self-study	S 1.1a The Importance of Teaching Quality in Raising Pupil Outcomes	1 hour	3
Self-study	S 1.1b Case Studies	1 hour	3
Self-study	S 1.1c Understanding and Applying Best Evidence on Teacher Professional Development	1 hour	3
Self-study	S 1.1d Developing a Supportive Environment	1 hour	3
Self-study	S 1.1e Developing a Theory of Change	1 hour	3
Self-study	S 1.1f Using Assessment Information and Data	45 minutes	2
Self-study	S 1.1g Understanding and Making Use of Existing Frameworks	1 hour	3
Self-reporting	Block 1 F2F Training Session	5 hours	15
	Block 1 Live Webinar	2 hours	6
	Block 1 Micro Implementation Tasks	flexible	2
	Survey	5 minutes	1
TOTAL			47

NPQ Leading Teacher Development (NPQLTD) Block 2			
Component	Title	Duration	Credit(s)
Self-study	Diagnostic Assessment for Block 2	40 minutes	2
Self-study	Video Introduction to Block 2	5 minutes	1
Self-study	S 2.1a Area 1: The Importance of High Expectations	1 hour	3
Self-study	S 2.1b Area 2: How Pupils Learn	1 hour	3
Self-study	S 2.1c Area 3: Subject and Curriculum	1 hour	3
Self-study	S 2.1d Area 4: Classroom Practice	1 hour	3
Self-study	S 2.1e Area 5: Adapting Teaching	1 hour	3
Self-study	S 2.1f Area 6: Assessment	1 hour	3
Self-study	S 2.1g Area 7: Managing Behaviour	1 hour	3
Self-study	S 2.1h Area 8: Professional Standards	1 hour	3
Self-reporting	Block 2 Live Webinar	2 hours	6
	Block 2 Micro Implementation Tasks	flexible	2
	Survey	5 minutes	1
Recorded webinars	Recorded webinar 2.1	1 hour	3
	Recorded webinar 2.2	1 hour	3
TOTAL			42

NPQ Leading Teacher Development (NPQLTD) Block 3			
Component	Title	Duration	Credit(s)
Self-study	Diagnostic Assessment for Block 3	40 minutes	2
Self-study	Video Introduction to Block 3	5 minutes	1
Self-study	S 3.1a Drawing on the right expertise	1 hour	3
Self-study	S 3.1b Expert-led conversations	1 hour	3
Self-study	S 3.1c Effective delivery of professional development	1 hour	3
Self-reporting	Block 3 Micro Implementation Tasks Survey	flexible	2
		5 minutes	1
Recorded webinars	Recorded webinar 3.1	1 hour	3
	Recorded webinar 3.2	1 hour	3
	Recorded webinar 3.3	1 hour	3
Podcast	Developing Others podcast	25 minutes	3
		TOTAL	27

NPQ Leading Teacher Development (NPQLTD) Block 4			
Component	Title	Duration	Credit(s)
Self-study	Diagnostic Assessment for Block 4	40 minutes	2
Self-study	Video Introduction to Block 4	5 minutes	1
Self-study	S 4.1a Introduction to implementation	1 hour	3
Self-study	S 4.1b Choosing the right initiatives	1 hour	3
Self-study	S 4.1c Preparing for change	1 hour	3
Self-reporting	Block 4 Live Webinar Block 4 Micro Implementation Tasks Survey	2 hours	6
		flexible	2
		5 minutes	1
Recorded webinars	Recorded webinar 4.1	1 hour	3
		TOTAL	24

NPQ Leading Teacher Development (NPQLTD) Block 5			
Component	Title	Duration	Credit(s)
Self-study	Diagnostic Assessment for Block 5	40 minutes	2
Self-study	Video Introduction to Block 5	5 minutes	1
Self-study	S 5.1a Implementation in motion: the 'deliver' phase	1 hour	3
Self-study	S 5.1b The importance of monitoring and adaptation of implementation	1 hour	3
Self-study	S 5.1c Involving the staff body in implementation	1 hour	3
Self-study	S 5.1d Sustaining and scaling change	1 hour	3
Self-reporting	Block 5 F2F Block 5 Live Webinar Block 5 Micro Implementation Tasks	5 hours	15
		2 hours	6
		flexible	2

	Survey	5 minutes	1
		TOTAL	39

NPQ Leading Teaching (NPQLT)

NPQ Leading Teaching (NPQLT) Block 1			
Component	Title	Duration	Credit(s)
Self-study	Diagnostic Assessment for Block 1	40 minutes	2
Self-study	Video Introduction to Block 1	5 minutes	1
Self-study	S 1.1a The Importance of Teachers and Teaching	1 hour	3
Self-study	S 1.1b Improving Pupil Outcomes in Practice	45 minutes	2
Self-study	S 1.1c Best Evidence in Teacher Professional Development	1 hour	3
Self-study	S 1.1d Developing a Theory of Change	1 hour	3
Self-study	S 1.1e Using Assessment Information and Data	1 hour	3
Self-study	S 1.1f Understanding and Making Use of Existing Frameworks	1 hour	3
Self-reporting	Block 1 F2F Training Session	5 hours	15
	Block 1 Live Webinar	2 hours	6
	Block 1 Micro Implementation Tasks	flexible	2
	Survey	5 minutes	1
TOTAL			44

NPQ Leading Teaching (NPQLT) Block 2			
Component	Title	Duration	Credit(s)
Self-study	Diagnostic Assessment for Block 2	40 minutes	2
Self-study	Video Introduction to Block 2	5 minutes	1
Self-study	S 2.1a The Role of Memory in Learning	1 hour	3
Self-study	S 2.1b The Role of Prior Knowledge and Misconceptions in Learning	1 hour	3
Self-study	S 2.1c Making Learning 'Stick'	1 hour	3
Self-study	S 2.1d Improving Learning Through Sequencing and Scaffolding	1 hour	3
Self-study	S 2.1e Ensuring Every Child Succeeds	1 hour 30 minutes	4
Self-study	S 2.1f Effectively Grouping Pupils	1 hour	3
Self-study	S 2.1g Working Effectively With Other Colleagues	1 hour	3
Self-reporting	Block 2 Live Webinar	2 hours	6
	Block 2 Micro Implementation Tasks	flexible	2
	Survey	5 minutes	1
Recorded webinars	Recorded webinar 2.1	1 hour	3
	Recorded webinar 2.2	1 hour	3
TOTAL			40

NPQ Leading Teaching (NPQLT) Block 3			
Component	Title	Duration	Credit(s)
Self-study	Diagnostic Assessment for Block 3	40 minutes	2
Self-study	Video Introduction to Block 3	5 minutes	1
Self-study	S 3.1a Understanding your subject	1 hour	3
Self-study	S 3.1b Sequencing the curriculum to support learning	1 hour 20 minutes	4
Self-study	S 3.1c All teachers are teachers of literacy	1 hour 30 minutes	4
Self-reporting	Block 3 Live Webinar	2 hours	6
	Block 3 Micro Implementation Tasks	flexible	2
	Survey	5 minutes	1
Recorded webinars	Recorded webinar 3.1 (2 versions to choose from: one for primary, one for secondary)	1 hour	3
		TOTAL	26

NPQ Leading Teaching (NPQLT) Block 4			
Component	Title	Duration	Credit(s)
Self-study	Diagnostic Assessment for Block 4	40 minutes	2
Self-study	Video Introduction to Block 4	5 minutes	1
Self-study	S 4.1a The importance of effective teaching and encouraging pupils to think hard	1 hour	3
Self-study	S 4.1b Introducing material in small steps, modelling and scaffolding learning	1 hour	3
Self-study	S 4.1c Questioning and high-quality classroom discussion	1 hour	3
Self-study	S 4.1d Practice makes perfect	1 hour	3
Self-study	S 4.1e Grouping pupils	1 hour	3
Self-study	S 4.1f The purpose and value of assessment	45 minutes	2
Self-study	S 4.1g Feedback	1 hour	3
Self-reporting	Block 4 Micro Implementation Task	flexible	2
	Survey	5 minutes	1
Recorded webinars	Recorded webinar 4.1	1 hour	3
	Recorded webinar 4.2	1 hour	3
	Recorded webinar 4.3	1 hour	3
	Recorded webinar 4.4	1 hour	3
		TOTAL	38

NPQ Leading Teaching (NPQLT) Block 5			
Component	Title	Duration	Credit(s)
Self-study	Diagnostic Assessment for Block 5	40 minutes	2
Self-study	Video Introduction to Block 5	5 minutes	1
Self-study	S 5.1a An overview of effective implementation	1 hour	3

Self-study	S 5.1b Developing a culture that supports implementation	1 hour	3
Self-study	S 5.1c Exploring priorities and choosing approaches	1 hour	3
Self-study	S 5.1d Preparing for change	1 hour	3
Self-study	S 5.1e Delivering change	1 hour	3
Self-study	S 5.1f Sustaining change	1 hour	3
Self-reporting	Block 5 F2F	5 hours	15
	Block 5 Live Webinar	2 hours	6
	Block 5 Micro Implementation Task (combined)	flexible	2
	Survey	5 minutes	1
		TOTAL	45

NPQ Leading Behaviour and Culture (NPQLBC)

NPQ Leading Behaviour and Culture (NPQLBC) Block 1			
Component	Title	Duration	Credit(s)
Self-study	Diagnostic Assessment for Block 1	40 minutes	2
Self-study	Video Introduction to Block 1	5 minutes	1
Self-study	S 1.1a The Importance of Teacher Quality in Raising Pupil Outcomes	1 hour	3
Self-study	S 1.1b The Characteristics of Effective Teaching	1 hour	3
Self-study	S 1.1c Good Practice in Teacher PD	1 hour	3
Self-study	S 1.1d Understanding and Applying Best Evidence in Teacher Professional Development	1 hour	3
Self-study	S 1.1e Theories of Change	1 hour 15 minutes	3
Self-study	S 1.1f Coaching and Mentoring Teaching Colleagues	1 hour 15 minutes	3
Self-study	S 1.1g Understanding and Making Use of Existing Frameworks	1 hour 15 minutes	3
Self-reporting	Block 1 F2F Training Session	5 hours	15
	Block 1 Live Webinar	2 hours	6
	Block 1 Micro Implementation Tasks	flexible	2
	Survey	5 minutes	1
		TOTAL	48

NPQ Leading Behaviour and Culture (NPQLBC) Block 2			
Component	Title	Duration	Credit(s)
Self-study	Diagnostic Assessment for Block 2	40 minutes	2
Self-study	Video Introduction to Block 2	5 minutes	1
Self-study	S 2.1a The importance of high expectations	1 hour	3
Self-study	S 2.1b Developing a positive, predictable and safe environment for pupils	1 hour	3
Self-study	S 2.1c Developing a supportive environment – rules and routines	1 hour	3
Self-study	S 2.1d Understanding pupils by engaging with families and colleagues	1 hour	3
Self-study	S 2.1e Motivating pupils and setting them up for success	1 hour	3
Self-reporting	Block 2 Live Webinar	2 hours	6
	Block 2 Micro Implementation Tasks	flexible	2
	Survey	5 minutes	1
Recorded webinars	Recorded webinar 2.1	1 hour	3
	Recorded webinar 2.2	1 hour	3
		TOTAL	33

NPQ Leading Behaviour and Culture (NPQLBC) Block 3			
Component	Title	Duration	Credit(s)
Self-study	Diagnostic Assessment for Block 3	40 minutes	2
Self-study	Video Introduction to Block 3	5 minutes	1
Self-study	S 3.1a Whole-school policy and practice	1 hour	3
Self-study	S 3.1b Developing positive relationships with pupils	1 hour	3
Self-study	S 3.1c Setting up for success	1 hour	3
Self-study	S 3.1d Working in partnership with parents and carers	1 hour	3
Self-reporting	Block 3 Live Webinar	2 hours	6
	Block 3 Micro Implementation Tasks	flexible	2
	Survey	5 minutes	1
Recorded webinars	Recorded webinar 3.1	1 hour	3
			TOTAL
			27

NPQ Leading Behaviour and Culture (NPQLBC) Block 4			
Component	Title	Duration	Credit(s)
Self-study	Diagnostic Assessment for Block 4	40 minutes	2
Self-study	Video Introduction to Block 4	5 minutes	1
Self-study	S 4.1a Understanding what influences pupil behaviour	1 hour	3
Self-study	S 4.1b Intensive support	1 hour	3
Self-study	S 4.1c Preventing and dealing with bullying	1 hour	3
Self-reporting	Block 4 Micro Implementation Task	flexible	2
	Survey	5 minutes	1
Recorded webinars	Recorded webinar 4.1	1 hour	3
	Recorded webinar 4.2	1 hour	3
	Recorded webinar 4.3	1 hour	3
	Recorded webinar 4.4	1 hour	3
			TOTAL
			27

NPQ Leading Behaviour and Culture (NPQLBC) Block 5			
Component	Title	Duration	Credit(s)
Self-study	Diagnostic Assessment for Block 5	40 minutes	2
Self-study	Video Introduction to Block 5	5 minutes	1
Self-study	S 5.1a Overview of effective implementation	1 hour	3
Self-study	S 5.1b Developing a culture that supports implementation	1 hour	3
Self-study	S 5.1c Exploring priorities and choosing approaches	1 hour	3
Self-study	S 5.1d Preparing for implementation	1 hour	3
Self-study	S 5.1e Delivering implementation	1 hour	3
Self-study	S 5.1f Sustaining and scaling implementation	1 hour	3
Self-reporting	Block 5 F2F	5 hours	15

	Block 5 Live Webinar	2 hours	6
	Block 5 Micro Implementation Task (combined)	flexible	2
	Survey	5 minutes	1
		TOTAL	45

NPQ Senior Leadership (NPQSL)

NPQ for Senior Leadership (NPQSL) Block 1			
Component	Title	Duration	Credit(s)
Self-study	Diagnostic Assessment for Block 1	40 minutes	2
Self-study	Video Introduction to Block 1	5 minutes	1
Self-study	S 1.1a Developing a Supportive School Environment	1 hour	3
Self-study	S 1.1b Effective Professional Development	2 hours	6
Self-study	S 1.1c Making Use of Well-designed Frameworks	1 hour	3
Self-study	S 1.1d An Introduction to Implementation	1 hour	3
Self-study	S 1.1e Choosing the Right Initiatives	1 hour	3
Self-study	S 1.1f Preparing for Change	1 hour	3
Self-reporting	Block 1 F2F Training Session	4 hours	12
	Block 1 Live Webinar	2 hours	6
	Block 1 Micro Implementation Tasks	flexible	2
	Survey	5 minutes	1
TOTAL			45

NPQ for Senior Leadership (NPQSL) Block 2			
Component	Title	Duration	Credit(s)
Self-study	Diagnostic Assessment for Block 2	40 minutes	2
Self-study	Video Introduction to Block 2	5 minutes	1
Self-study	S 2.1a The impact of high-quality teaching on pupils' life chances	1 hour	3
Self-study	S 2.1b Setting high expectations	1 hour	3
Self-study	S 2.1c Aligning staff with the school culture	1 hour	3
Self-study	S 2.1d Principles of managing behaviour	1 hour	3
Self-study	S 2.2a Whole-school culture and communication in practice	1 hour	3
Self-study	S 2.2b Aligning school staff with the school culture	45 mins	2
Self-study	S 2.2c Whole-school culture and routines	45 mins	2
Self-study	S 2.2d Promoting effective partnerships	45 mins	2
Self-reporting	F2F training	4 hours	12
	Block 2 Live Webinar	2 hours	6
	Block 2 Micro Implementation Tasks	flexible	2
	Survey	5 minutes	1
TOTAL			45

NPQ for Senior Leadership (NPQSL) Block 3			
Component	Title	Duration	Credit(s)
Self-study	Diagnostic Assessment for Block 3	40 minutes	2
Self-study	Video Introduction to Block 3	5 minutes	1
Self-study	S 3.1a Revisiting implementation – the deliver phase	1 hour 30 minutes	5
Self-study	S 3.1b The importance of curriculum	1 hour 30 minutes	5
Self-study	S 3.1c Every teacher is a teacher of literacy	1 hour 30 minutes	5
Self-study	S 3.1d The purpose and value of assessment	1 hour 30 minutes	5
Self-study	S 3.1e Feedback	1 hour 30 minutes	5
Self-study	S 3.2a Safety and safeguarding	1 hour 15 minutes	4
Self-study	S 3.2b Resource management	1 hour 15 minutes	4
Self-study	S 3.2c Governance	1 hour	3
Self-reporting	F2F training	4 hours	12
	Block 3 Live Webinar	2 hours	6
	Block 3 Micro Implementation Tasks	flexible	2
	Survey	5 minutes	1
Recorded webinars	Recorded webinar 3.1	1 hour	3
	Recorded webinar 3.2	1 hour	3
	Recorded webinar 3.3	1 hour	3
		TOTAL	69

NPQ for Senior Leadership (NPQSL) Block 4			
Component	Title	Duration	Credit(s)
Self-study	Diagnostic Assessment for Block 4	40 minutes	2
Self-study	Video Introduction to Block 4	5 minutes	1
Self-study	S 4.1a The Role of Memory	1 hour	3
Self-study	S 4.1b The Role of Prior Knowledge	1 hour	3
Self-study	S 4.1c Making Learning Stick	1 hour	3
Self-study	S 4.1d Sequencing for Success	1 hour	3
Self-study	S 4.1e Modelling and Scaffolding	1 hour	3
Self-study	S 4.1f Questioning and Classroom Talk	1 hour	3
Self-study	S 4.1g Grouping Pupils	1 hour	3
Self-study	S 4.2a Adapting Teaching for All	1 hour	3
Self-study	S 4.2b Supporting Pupils with SEND	1 hour	3
Self-study	S 4.2c Working Effectively with Colleagues	1 hour	3
Self-study	S 4.3 An Introduction to Sustaining Implementation	1 hour	3

Self-reporting	F2F training	4 hours	12
	Block 4 Live Webinar 4.1	2 hours	6
	Block 4 Live Webinar 4.2	2 hours	6
	Survey	5 minutes	1
Recorded webinars	Recorded webinar 4.1	1 hour	3
	Recorded webinar 4.2	1 hour	3
		TOTAL	67

NPQ Headship (NPQH)

NPQ for Headship (NPQH) Block 1			
Component	Title	Duration	Credit(s)
Self-study	Diagnostic Assessment for Block 1	40 minutes	2
Self-study	Video Introduction to Block 1	5 minutes	1
Self-study	S 1.1a Leading Improvement as a Headteacher – Understanding Implementation	1 hour	3
Self-study	S 1.1b Understanding the Evidence – High-quality PD and Frameworks	1 hour	3
Self-study	S 1.1c Leading Improvement as a Headteacher – Creating a Supportive Climate	1 hour	3
Self-study	S 1.1d Leading Improvement as a Headteacher – Identifying Priorities	1 hour	3
Self-study	S 1.1e Leading Improvement as a Headteacher – Theory of Change	1 hour	3
Self-study	S 1.1f Leading Improvement as a Headteacher – Developing Staff Capacity	1 hour	3
Self-reporting	Block 1 F2F Training Session	4 hours	12
	Block 1 Live Webinar	2 hours	6
	Block 1 Micro Implementation Tasks	flexible	2
	Survey	5 minutes	1
		TOTAL	42

NPQ for Headship (NPQH) Block 2			
Component	Title	Duration	Credit(s)
Self-study	Diagnostic Assessment for Block 2	40 minutes	2
Self-study	Video Introduction to Block 2	5 minutes	1
Self-study	S 2.1a Leading high-quality teaching across school	1 hour	3
Self-study	S 2.1b Leading culture/behaviour across the school – high expectations	1 hour	3
Self-study	S 2.1c Leading culture/behaviour across the school – Pupil motivation and behaviour	1 hour 15 minutes	4
Self-study	S 2.1d Leading culture/behaviour – Building staff alignment	1 hour	3
Self-study	S 2.2a Setting behaviour policy and building buy-in and alignment	1 hour 20 minutes	4
Self-study	S 2.2b Supporting staff to deal with bullying	1 hour	3
Self-study	S 2.2c Establishing effective partnerships with parents	1 hour	3
Self-reporting	F2F training	4 hours	12
	Block 2 Live Webinar	2 hours	6
	Block 2 Micro Implementation Tasks	flexible	2
	Survey	5 minutes	1
		TOTAL	47

NPQ for Headship (NPQH) Block 3			
Component	Title	Duration	Credit(s)
Self-study	Diagnostic Assessment for Block 3	40 minutes	2
Self-study	Video Introduction to Block 3	5 minutes	1
Self-study	S 3.1a Revisiting implementation – the deliver phase	1 hour 30 minutes	5
Self-study	S 3.1b The importance of curriculum	1 hour 30 minutes	5
Self-study	S 3.1c Every teacher is a teacher of literacy	1 hour 30 minutes	5
Self-study	S 3.1d The purpose and value of assessment	1 hour 30 minutes	5
Self-study	S 3.1e Feedback	1 hour 30 minutes	5
Self-study	S 3.2a Safety and safeguarding	1 hour 15 minutes	4
Self-study	S 3.2b Resource management	1 hour 15 minutes	4
Self-study	S 3.2c Governance	1 hour	3
Self-reporting	F2F training	4 hours	12
	Block 3 Live Webinar	2 hours	6
	Block 3 Micro Implementation Tasks	flexible	2
	Survey	5 minutes	1
Recorded webinars	Recorded webinar 3.1	1 hour	3
	Recorded webinar 3.2	1 hour	3
	Recorded webinar 3.3	1 hour	3
		TOTAL	69

NPQ for Headship (NPQH) Block 4			
Component	Title	Duration	Credit(s)
Self-study	Diagnostic Assessment for Block 4	40 minutes	2
Self-study	Video Introduction to Block 4	5 minutes	1
Self-study	S 4.1a The Role of Memory	40 minutes	2
Self-study	S 4.1b The Role of Prior Knowledge	40 minutes	2
Self-study	S 4.1c Making Learning Stick	40 minutes	2
Self-study	S 4.1d Sequencing for Success	40 minutes	2
Self-study	S 4.1e Modelling and Scaffolding	1 hour & 30 mins	5
Self-study	S 4.2a Adapting Teaching for All	1 hour	3
Self-study	S 4.2b Supporting Pupils with SEND	1 hour	3
Self-study	S 4.3 Sustaining School Improvement	1 hour	3
Self-reporting	F2F training	4 hours	12
	Block 4 Live Webinar 4.1	2 hours	6
	Block 4 Live Webinar 4.2	2 hours	6

	Survey	5 minutes	1
Recorded webinars	Recorded webinar 4.1	1 hour	3
	Recorded webinar 4.2	1 hour	3
		TOTAL	56