

Using furlough to upskill

Lyndsey contacted the National Careers Service for guidance on moving into a new industry and role as her position was at risk of being centralised.

As a result of the pandemic, Lyndsey couldn't meet Rochelle, her careers adviser, face to face and she had a telephone appointment instead. During the call, they discussed Lyndsey's career and the transferable skills she had developed in her role as well as different options she could focus on.

Lyndsey knew she wanted to move from the private sector into the public sector, and that health services appealed to her as a future career. They explored how to enhance her CV whilst showcasing her skills and achievements, and Lyndsey was sent an action plan with resources she could use initially.

Rochelle encouraged Lyndsey to update her LinkedIn profile, highlighting her transferable skills and achievements and she has now made new connections and joined groups and communities relevant to her skills and career choices.

The resources she used helped her understand the options available to her within the healthcare sector, which has given her the confidence to pursue different roles based on her skills and strengths.

Through the online courses Rochelle and Lyndsey discussed, Lyndsey used her furlough leave to upskill and she is currently studying for a level 2 certificate in Mental Health Awareness as well as for a diploma in Project Management.

“The National Careers Service has helped me to understand that I have relevant skills that I can apply to other roles, and that it is possible to move industries!”

Contact us:

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